

## HELPING HANDS MENU – PESACH

**ALL ORDERS REQUIRE A MINIMUM OF ONE WEEK’S ADVANCE NOTICE! (APRIL 7<sup>TH</sup>, LATEST)**

### Starters

Chicken Soup	With matzoh balls (packed separately)	1 qt. (3-4 svgs)	\$24
Gefilte Fish Terrine	Halibut and salmon, garnished with dill and red horseradish	½ loaf (5 svgs)/ Whole loaf	\$20/ \$38
Vegetarian Chopped Liver	Made with mushrooms (contains walnuts)	1 pint	\$16
Charoset	Ashkenazi style, slightly chunky	1 pint	\$12

### Side Dishes

(\*half sizes available 4-6 svgs)

Tzimmes	Traditional vegetable stew featuring sweet potatoes, carrots, mixed dried fruit, oven-roasted. (GF)	10-12 svgs	\$45
Sweet Potato & Kale Gratin	Thinly sliced sweet potatoes, layered with Tuscan kale, laced with parmesan cheese, baked in a creamy sauce. (GF)	10-12 svgs	\$45
Mushroom-Quinoa Casserole	Red and white quinoa, with a combination of wild mushrooms. Made with almond milk. (GF, DF)	10-12 svgs	\$45
Potato Kugel	Crispy on the outside, creamy on the inside. Potatoes flavored with onion. (GF, DF)	10-12 svgs	\$35
Asparagus Salad	Steamed asparagus, with mix of chopped tomatoes, kalamata olives, capers and a lemony dressing (on the side)	10-12 svgs	\$40
Ratatouille	Eggplant, zucchini, onion, bell peppers, tomato. Can be served hot or room temp	10-12 svgs	\$35
Apple Matzo Kugel	A traditional favorite; serve as a sweet side or dessert (GF)	10-12 svgs	\$40

### Main Course

Brisket	Tender, with braised carrots and onions	Per lb, cooked	\$28
Cornish Game Hens	Apricot-glazed and roasted	1 hen/4 hens	\$15/\$45
Chicken Marbella	Savory marinated chicken, roasted with prunes & olives; choose thighs and/or breasts	Per portion 10 pcs,	\$10 \$80
Meatballs	Beef or chicken, in a sweet and tangy (or marinara) sauce	1 lb, cooked	\$20

### On the Lighter Side

Sweet Smokehouse Salmon	Dry-rubbed, oven-roasted salmon fillets	1 pc/4 pcs	\$15/\$45
Poached Salmon	With horseradish or dill sauce, cucumber “scales” (optional)	1 lb, cooked Whole side	\$30/ \$75
Quinoa-Stuffed Peppers	Filled with a mixture of quinoa, carrots, sun-dried tomatoes, baby spinach, currants and feta (GF, can be DF). (min. order 3)	Per portion	\$8

## HELPING HANDS MENU – PESACH (CONT.)

### **Desserts**

Mandel Bread	Traditional, chocolate chip or orange & almond (GF)	Per lb	\$18
Flourless Chocolate Cake	Dense, chocolate-y flavor, whipped cream garnish (GF)	9" round	\$24
Lemon Mousse	Light and fluffy	6-8 servings	\$24
Flourless Lemon-Almond Cake	Topped with raspberry sauce (optional) (GF)	9" round	\$24
Brownies	With or without walnuts (GF)	1 dozen	\$16
Matzoh Crisp with Pear, Apple and Cranberry	Simple but tasty	10-12 svgs	\$35
Chocolate Matzoh	Matzoh with toffee layer, topped with chocolate, with or without nuts	1 baking sheet	\$25

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